



## Brief Collaborative Therapy: A Practical Guide for Practitioners

By Bonnie A. Rudolph

ABC-CLIO, United States, 1999. Paperback. Book Condition: New. New.. 217 x 135 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Most Americans now receive health services through some form of managed care. Patients seeking psychotherapy and other counseling services through their managed care provider can usually expect only about half a dozen therapy sessions to be covered by their healthcare plans. This increasingly common constraint calls for models of psychotherapy and counseling that combine effectiveness and brevity and that are adaptable to an eclectic group of clients. In Brief Collaborative Therapy, Bonnie Rudolph offers a practical model for time-limited therapy that brings together theoretical advances and empirical findings on effective brief therapy techniques. Her focus on measurable goals makes the model compatible with the policies of managed care providers and responsive to the needs of diverse client groups. Students, as well as practitioners, will find the model easy to learn and employ. Most Americans now receive health services through some form of managed care. Patients seeking psychotherapy and other counseling services through their managed care provider can usually expect only about half a dozen therapy sessions to be covered by their healthcare plans. This increasingly common constraint...



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